



# AMENIDA SENIORS COMMUNITY

## SAMPLE ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>01</b>  1:30pm Bingo with Brenda
<b>2</b>  10:00am Church Service (Korean) 1:00pm Church Service (English)	<b>3</b>  10:00am Knitting Circle 1:30pm Walking Club Pond Across street	<b>4</b>  1:00pm Bingo	<b>5</b>  9:00am Dr. Mann Visit 10:00am Church Service (Korean) 1-3pm Amenida Store 3:00pm SOCIAL	<b>6</b>  10:00am Resident Meeting (Korean) 11:00am Resident Meeting (English) 1:00pm Bingo 1:30-3:00pm Audiologist Doctor's office	<b>7</b>  1-3pm Amenida Store 11:15am MEDITATION 2:00pm Bocci Ball 6:00pm Prayer Meeting (Korean)	<b>8</b>  1:30pm Bingo with Brenda
<b>9</b>  10:00am Church Service (Korean) 1:00pm Church Service (English)	<b>10</b>  10:00am Knitting Circle 2:30pm Bingo	<b>11</b>  1:00pm Bingo	<b>12</b>  9:00am Dr. Mann Visit 10:00am Church Service (Korean) 1-3pm Amenida Store 2:30pm Bingo Bingo 6:00pm Bingo	<b>13</b>  1:00pm Bingo	<b>14</b>  1-3pm Amenida Store 1:00pm Creative Class 6:00pm Prayer Meeting (Korean)	<b>15</b>  1:30pm Bingo with Brenda
<b>16</b>  10:00am Church Service (Korean) 1:00pm Church Service (English)	<b>17</b>  10:00am Knitting Circle 1:30pm Walking Club Pond Across street	<b>18</b>  1:00pm Bingo	<b>19</b>  9:00am Dr. Mann Visit 10:00am Church Service (Korean) 1-3pm Amenida Store 3:00pm SOCIAL 6:00pm Bingo	<b>20</b>  1:00pm Bingo	<b>21</b>  1-3pm Amenida Store 2:00pm Billiards 6:00pm Prayer Meeting (Korean)	<b>22</b>  1:30pm Bingo with Brenda
<b>23</b>  10:00am Church Service (Korean) 1:00pm Church Service (English)	<b>24</b>  9:00-12:00pm Foot Care Nurse Doctor's office 10:00am Knitting Circle 1:30pm NEWS + VIEWS	<b>25</b>  1:00pm Bingo	<b>26</b>  9:00am Dr. Mann Visit 10:00am Church Service (Korean) 1-3pm Amenida Store 2:00pm Birthday 6:00pm Big BUCK Bingo	<b>27</b>  1:00pm Bingo	<b>28</b>  11:15am MEDITATION 1-3pm Amenida Store 1:00pm Outing 6:00pm Prayer Meeting (Korean)	<b>29</b>  1:30pm Bingo with Brenda
<b>30</b>  10:00am Church Service (Korean) 1:00pm Church Service (English)	<b>31</b>  10:00am Knitting Circle 1:30am Chair YOGA					

### DAILY EXERCISE CLASSES

Monday, Tuesday, Thursday  
and Friday: 9:30am, 10:30am  
Wednesday: 9:15am, 10:30am

The Amenida Store is open  
daily from 1:00pm-3:00pm